

ARAFEMI Family Services Support Groups 2012



Activity	Details	Date	Time	Venue
Borderline personality disorder family & carers group	Open support and information group for carers of people with a Borderline Personality Disorder	1st WEDNESDAY each month: Feb 1, Mar 7, Apr 4, May 2, Jun 6, Jul 4, Aug 1, Sep 5, Oct 3, Nov 7, Dec 5	7pm-9pm	ARAFEMI Hawthorn, Ground Floor, 270 Auburn Rd, Hawthorn
Bridging the Gaps – Eastern	Education, information and support for parents and family carers	2nd THURSDAY each month: Feb 9, Mar 8, Apr 12, May 10, Jun 14, Jul 12, Aug 9, Sep 13, Oct 11, Nov 8, Dec 13	7.30pm-9.30pm	ARAFEMI Hawthorn, Ground Floor, 270 Auburn Rd, Hawthorn
Bipolar Consumer Support Group	Open support group for people experiencing bipolar disorder	3rd WEDNESDAY each month: Feb 15, Mar 21, Apr 18, May 16, Jun 20, Jul 18, Aug 15, Sep 19, Oct 17, Nov 21, Dec 19	7.30pm-9.30pm	ARAFEMI Hawthorn, Ground Floor, 270 Auburn Rd, Hawthorn
Bipolar Carer Support Group	A bi-monthly group supporting carers of people with bipolar disorder	1st THURSDAY every 2 months: Feb 2, Apr 5, Jun 7, Aug 2, Oct 4, Dec 6	7.30pm-9.30pm	ARAFEMI Hawthorn, Ground Floor, 270 Auburn Rd, Hawthorn
Bipolar Combined Carer and Consumer Support Group	A bi-monthly group supporting carers of people with bipolar disorder and people experiencing bipolar disorder	1st THURSDAY every 2 months: Mar 1, May 3, Jul 5, Sep 6, Nov 1	7.30pm-9.30pm	ARAFEMI Hawthorn, Ground Floor, 270 Auburn Rd, Hawthorn
Supporting Carers	Open support and information group for carers of someone with a mental illness	2nd WEDNESDAY each month: Feb 8, Mar 14, Apr 11, May 9, Jun 13, Jul 11, Aug 8, Sep 12, Oct 10, Nov 14, Dec 12	7pm-9pm	Reservoir Neighborhood House, 2B Cuthbert Road, Reservoir (Cnr Strathmerton St)
Northern Families & Carers of People with a Borderline Personality Disorder	Open support and information group for carers of people with a Borderline Personality Disorder	3rd WEDNESDAY each month: Feb 15, Mar 21, Apr 18, May 16, Jun 20, Jul 18, Aug 15, Sep 19, Oct 17, Nov 21, Dec 19	7pm-9pm	ARAFEMI Northern Office, Level 2, 76-80 Turnham Av, Rosanna
Partners Group - Rosanna	Open support and information for partners of someone with a mental illness	1st WEDNESDAY each month: Feb 1, Mar 7, Apr 4, May 2, Jun 6, Jul 4, Aug 1, Sep 5, Oct 3, Nov 7, Dec 5	7pm-9pm	ARAFEMI Northern Office, Level 2, 76-80 Turnham Av, Rosanna
ARAFEMI Caring 4 Carers Group	Open support, information, recreation and activity group for carers of someone with a mental illness	4th WEDNESDAY each month: Feb 22, Mar 28*, Apr 25, May 22, Jul 25*, Aug 22, Sep 26*, Oct 24, Nov 28 *Recreation/respite activity - bookings essential	12.30pm-2.30pm	Reservoir Neighborhood House, 2B Cuthbert Road, Reservoir (Cnr Strathmerton St)

Note: There is no cost to attend a support group.
To book a support group or for further information call the Carer Helpline 1300 550 265 or email volunteers@arafemi.org.au

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