

## Family Services Support Group Calendar 2010



**ARAFEMI Victoria Inc.**  
 Ground Floor, 270 Auburn Road, Hawthorn, VIC 3122  
 P.O. Box 83, Hawthorn, VIC 3122  
 Phone (03) 9810 9300 | Fax (03) 9810 9399  
 CARER Helpline 1300 550 265  
 Email [admin@arafemi.org.au](mailto:admin@arafemi.org.au) | [www.arafemi.org.au](http://www.arafemi.org.au)  
 Reg No AD0000883B ABN 21 094 487 229

WHAT	Description	DAY	Time
Support Group for Families & Carers of People with a Borderline Personality Disorder	Open support and information group for carers of people with a Borderline Personality Disorder	FIRST WEDNESDAY EVENING of each month	7pm - 9pm
Bridging the Gaps – Southern**	Education and information sessions for parents and family carers of young people	FIRST WEDNESDAY EVENING of each month	7.30pm - 9.30m
Bridging the Gaps - Eastern	Education, information and support for parents and family carers of young people	SECOND THURSDAY EVENING of each month	7.30pm - 9.30pm
ARAFEMI Bipolar Consumer Support Group	Open support group for people experiencing bipolar disorder	THIRD WEDNESDAY EVENING of each month	7.30pm - 9.30pm
Bimonthly ARAFEMI Bipolar Combined Carer & Consumer Support Group  <i>Alternates monthly with:</i>  Bimonthly ARAFEMI Bipolar Carer Support Group	These groups alternate monthly to provide additional support to carers of people with bipolar disorder and people experiencing bipolar disorder	FIRST THURSDAY EVENING of month: Combined group (commences Feb 4)  FIRST THURSDAY EVENING of month Carer's Group (commencing March 4)	7.30pm - 9.30pm

There is no cost to attend support groups. All groups, except Bridging the Gaps – Southern are facilitated from ARAFEMI's head office, 270 Auburn Rd Hawthorn (Melway 45, F12). Bridging the Gaps – Southern is held at Family Life, 197 Bluff Road, Sandringham (Melways ref: 76,K12)

Parking details: <http://www.arafemi.org.au/contact-us.html>

For further information, please contact Carer Helpline 1300550265, or email [neha.verma@arafemi.org.au](mailto:neha.verma@arafemi.org.au)