



ARAFEMI VOLUNTEER TRAINING PROGRAM

2008 October Entry:

Interviews will be held for applicants in September

Training will be held:

| | |
|---------------------------------------|---|
| Friday 3 rd October 2- 5pm | Organisational overview and introduction to carers and theory |
| Friday 10 th October 2-5pm | What is mental illness |
| Friday 17 th October 2-5pm | Introduction to active listening |
| Friday 24 th October 2-5pm | Applied phone techniques |
| Friday 31 st October 2-5pm | Dealing with difficult calls / Applied phone techniques |
| | Site visits |

*Observations will commence Monday - Friday 3 – 7th November

All training will be held at 270 Auburn Rd Hawthorn 9810 9300

Volunteer Group supervision with an external facilitator will commence from November on a bi monthly schedule from 6-8pm

The maximum number of volunteers for training is 16.

Internship Program

Interns / Volunteers progressing to the new Carer Counselling Program on Thursdays (which will provide 6 sessions of face to face counselling) or who wish to become support group convenors will be required to first attend helpline training and observations as well as complete a minimum 12 shifts on helpline. Additional training in strengths based counselling will also be provided.