

Do you, or does someone you know, suffer from schizophrenia or schizoaffective disorder?

These disorders are associated with a range of pervasive and often debilitating symptoms including confused thoughts, low motivation, reduced energy, and difficulties with memory and concentration. Glycine (an amino acid) in addition to usual antipsychotic medication may improve some of these symptoms.

The **Monash Alfred Psychiatry Research Centre** is currently recruiting individuals with schizophrenia or schizoaffective disorder to participate in a 6 week trial of add-on Glycine treatment. The study involves daily supplementation with Glycine and participants are required to attend six study visits.

Participants are not required to change their current medication and will receive a small remuneration for each visit to cover travel-related and other out of pocket expenses.

You may be suitable for this trial if you:

- are 18 - 55 years old
- have a diagnosis of schizophrenia or schizoaffective disorder
- are on a stable dose and type of atypical antipsychotic medication
- are not currently taking clozapine

If you would like more information or are interested in participating please contact Amity Green on (03) 9076 5180 or via email to amity.green@monash.edu



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